

CURRICULUM VITAE

SHELLY A. WIECHELT, PH.D.

Education

Ph.D.	1999	University of Pittsburgh, School of Social Work
M.S.W.	1985	West Virginia University, School of Social Work
B.A.	1982	California University of Pennsylvania, Psychology

Experience in Higher Education

2006 – Present	University of Maryland, Baltimore County, Assistant Professor, Social Work
1999 - 2005	SUNY, University at Buffalo, Assistant Professor, Social Work
1993 - 1999	University of Pittsburgh, Teaching Assistant/Instructor Social Work

Experience in Other than Higher Education

2005 – Present	Native American Lifelines, Group Therapist
2005 – 2006	Native American Lifelines, Consultant
2005 - 2006	National Association for Children of Alcoholics, Consultant
2005 – 2007	Friends Research Institute, Consultant
2004 – 2005	UB Research Center on Families and Children, Consultant
2002 - 2002	Erie County Department of Mental Health, Advisory Board, Alcohol and Substance Abuse Sub-committee, Consultant
1999 - 2000	Kaleidia Health Center, Trauma Track Program, Consultant
1995 - 1999	Gateway Rehabilitation Center, Therapist
1995 - 1997	Private Practice, Lee Fogarty Group, Therapist
1994 - 1995	Green Spring of Western PA/Blue Cross, Care Manager
1992 - 1994	Intercare-Options and Psychiatric Services, Therapist
1992 - 1993	Intercare-Hillside Psychiatric Center, Social Work Coordinator
1989 – 1992	Chestnut Ridge Hospital, Addiction Recovery Unit, Program Coordinator
1988 - 1989	Chestnut Ridge Hospital, Addiction Recovery Unit, Chemical Dependency Counselor
1986 - 1988	Bartlett House, Inc., Program Assistant
1986 - 1986	Scotts Run Settlement House, Acting Family Development Coordinator, Temporary Case Worker

Honors Received

- 2005 Certificate of Recognition for a positive influence on students, University at Buffalo
- 2004 Outstanding Research Award, New York State Center for Development of Human Services
- 2000 Selected for the 12th National Symposium on Doctoral Research in Social Work, The Ohio State University, College of Social Work
- 1999 Women's Studies Fund Award for Student Research, University of Pittsburgh

Grants/Research Funding

- 2002 *Assessing trauma in addiction treatment & prevention settings*. Principal Investigator. New York State Practice Research Collaborative Mini-grant, ASAP \$5000 (Funded).
- 2002 *Shame and drug use patterns in women*. Principal Investigator. Wendt Foundation \$8000 (Funded).
- 2002 *Shame, drug use, and mothering*. Center for Development of Human Services (Funded a Ph.D. student \$15,000 and 20% of my salary in kind).
- 2001 *Shame and addiction*. In Miller, B. *Drug abusing parents & families: Building infrastructure*. National Institute on Drug Abuse (Applied for).
- 2001 *Shame, drug use, and mothering*. Center for Development of Human Services (Funded a Ph.D. student \$15,000 and 20% of my salary in kind).
- 2000 *The intergenerational transmission of shame and its relationship to social behaviors and addictions in children*. Center for Development of Human Services (Funded an M.S.W. student \$7,500 and 20% of my salary in kind).

Ph.D. Students

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|---------------|----------------|---------------------|-----------------------|
| Debra Malfi | 2007 - Present | Committee Member | UMBC |
| Carol Simpson | 2001 - 2004 | Committee Member | University at Buffalo |
| Elaine Maccio | 2001 - 2004 | Committee Member | University at Buffalo |
| Wendy Lutz | 2002 - 2003 | Research Internship | University at Buffalo |
| Carol Simpson | 2002 - 2003 | Research Internship | University at Buffalo |

Publications

Peer-Reviewed Works

Journal Articles

Johnson, J., Gryczynski, J., & Wiechelt, S. (in press). HIV/AIDS, substance abuse, and hepatitis prevention needs of Native Americans living in Baltimore: In their own words. *Journal of Aids Prevention and Education*.

Wiechelt, S. (2007). The specter of shame. *Journal of Substance Use and Misuse, 42* (2-3), 399-409.

Wiechelt, S. (2007). Trauma and substance misuse: Critical considerations in understanding the maelstrom. *Journal of Substance Use and Misuse, 42* (2-3), 527-533.

Smyth, N. & Wiechelt, S. (2005). Drug use, self-efficacy, and coping skills among people with concurrent substance abuse and personality disorders: Implications for relapse prevention. *Journal of Social Work Practice in the Addictions, 5*, 63-79.

Wiechelt, S., Lutz, W., Smyth, N., & Syms, C. (2005). Integrating research and practice: A collaborative model for addressing trauma and addiction. *Stress, Trauma, and Crisis: An International Journal, 8*(2-3), 179-193.

Johnson, J., Wiechelt, S., Ahmed, A., & Schwartz, R. (2003). Outcomes for substance user treatment in women: Results from the Baltimore drug and alcohol treatment outcomes study. *Journal of Substance Use and Misuse, 38*(11-13), 1807-1829.

Greenwald-Robbins, J. & Wiechelt, S. (2003). Environmental concern and personal health behaviors in women. *The Journal of Human Behavior in the Social Environment, 7*(3-4), 141-158.

Wiechelt, S. & Sales, E. (2002). The role of shame in women's recovery from alcoholism: The impact of childhood sexual abuse. *Journal of Social Work Practice in the Addictions, 1*(4), 101-116.

Non-Peer Reviewed Works

Journal Articles

Wiechelt, S. (in press). Introduction to the special issue international perspectives on women's substance use. *Journal of Substance Use and Misuse*.

Johnson, J. & Wiechelt, S. (2004). The special issue of resilience. *Journal of Substance Use and Misuse, 39*(5), 657-670.

Book Chapters

Johnson, J., Baldwin, J., Haring, R. C., Wiechelt, S. A., Roth, S., Gryczynski, J., & Lozano, H. (in press). Chapter 4: Essential information for disaster management and trauma specialists working with American Indians. In (Marsella, A., Johnson, J., Watson, P., & Gryczynski, J., Eds.) *Ethnocultural perspectives on disaster and trauma: Foundations, issues, and applications*. New York, NY: Springer SBM Publishing.

Johnson, J. L., Baldwin, J., Gryczynski, J., Wiechelt, S. A., & Haring, R. C. The Native American experience: From displacement and cultural trauma to resilience. In A.J. Marsella, P. Watson, J.L. Johnson, J. Gryczynski (Ed). (in press). *Ethnocultural guidebook for disasters and trauma: A primer for responders and service providers*. New York, NY: Springer-Verlag.

Wiechelt, S. Ethical issues surrounding access to drug user treatment. In J. Kleinig and S. Einstein (Eds.). (2006). *Ethical challenges for intervening in drug use: Policy, research, and treatment issues*. Huntsville, TX: Office of International Criminal Justice (OICJ), Sam Houston State University, Criminal Justice Center.

Robbins, J. & Wiechelt, S. Environmental concern and personal health behaviors in women. In Smyth, N.J. (Ed.) (2004). *Women and girls in the social environment: Behavioral perspectives*. Binghamton, NY: Haworth Press.

Essays

Wiechelt, S. Keeping heart. In J. Kleinig and S. Einstein (Eds.). (2006). *Ethical challenges for intervening in drug use: Policy, research, and treatment issues*. Huntsville, TX: Office of International Criminal Justice (OICJ), Sam Houston State University, Criminal Justice Center.

Book Reviews

Wiechelt, S. Treating alcohol and drug problems in psychotherapy practice: Doing what works (in press). *Journal of Social Work Practice in the Addictions*.

Wiechelt, S. Seeking safety: A treatment manual for PTSD and substance abuse (2005). *Criminal Justice Review* 30(2), 251-253.

Wiechelt, S. The handbook of addiction treatment for women (2003). *Substance Abuse*, 24(3), 195-196.

Edited Journals

Wiechelt, S. Guest Editor. (in press). Special issue: International perspectives on women's substance use. *Journal of Substance Use and Misuse*.

Johnson, J. & Wiechelt, S. Guest Editors (2004). Special issue on resilience. *Journal of Substance Use and Misuse*.

Proceedings

Wiechelt, S. (2000). The role of shame in women's recovery from alcoholism. *12th National Symposium on Doctoral Research in Social Work*, The Ohio State University, College of Social Work, Columbus, OH.

Technical/Research Reports

Wiechelt, S. & Kaplan L. (2006). *Core competencies for social workers in addressing the needs of children alcohol and drug dependent parents*. National Association for Children of Alcoholics, Rockville, MD.

Wiechelt, S. & Lutz, W. (2002). *Trauma screening tools in substance abuse treatment: Exploratory focus groups, a pilot project of the Western New York Practice Research Network*. University at Buffalo, School of Social Work, Buffalo, NY.

Curricula

Wiechelt, S. (2007). *Cultural and historical trauma among Native Americans*. Curriculum module developed for Friends Research Institute, Substance Abuse, HIV/AIDS, and Hepatitis Prevention in Urban American Indians, Center for Substance Abuse Prevention Grant # 13321.

Wiechelt, S. (2006) *Introduction to working with children of parents with substance use disorders*. Curriculum module developed for the National Association for Children of Alcoholics.

Gates, L., Gellis, Z, Joyce, P., Lukens, E., Mason, S., Smyth, N., & Wiechelt, S. (2004). *Evidence-Based Practice Seminar Course*. Evidence-Based Practice in Mental Health: Social Work Deans and New York State Office of Mental Health Consortium.

Interviews

Wiechelt, S. (2007). Interviewed by Lori K. Holleran Steiker, Dialogue between the National Association for Children of Alcoholics and the Journal of Social Work Practice in the Addictions. *Journal of Social Work Practice in the Addictions* 7 (3), 99-107.

Works Submitted or In Preparation

Journal Articles

Wiechelt, S., Miller, B., & Smyth, N. (in preparation). Associations between PTSD symptoms and substance use in women.

Wiechelt, S., Gryczynski, J., & Johnson, J. (submitted for publication). Designing HIV preventative interventions for urban American Indians: The evolution of the don't forget us project. *Health & Social Work*.

Rittner, B. & Wiechelt, S. (submitted for publication). Co-occurrence of domestic violence and substance abuse in CPS referrals: Problem integration. *Arete*.

Presentations

Conference Presentations (Juried/Refereed)

Johnson, J., Gryczynski, J., & Wiechelt, S. *HIV/AIDS, Substance Abuse, and Hepatitis Needs of American Indians: In Their Own Words*. American Public Health Association, Washington, D.C., November 6, 2007.

Wiechelt, S. & Straussner, L. *Building Competency: Social Work with Children of Parents with Substance Use Disorders*. Council on Social Work Education, Annual Program Meeting, San Francisco, CA, October 29, 2007.

Johnson, J., Wiechelt, S., Gryczynski, J., & Roth, S. *Reciprocal Resilience in Native American Women*. Office on Women's Health 2007 Minority Women's Health Summit,, Washington, D.C., August, 2007

Wiechelt, S. *Unpacking Shame in Native American Substance Abusers who are HIV-Positive*. Embracing Our Traditions, Values, and Teachings: Native Peoples of North America HIV/AIDS Conference, Anchorage, AK, May 4, 2006.

Wiechelt, S. & Smyth, N. *Integrating Research and Practice: A Collaborative Model for Addressing Trauma and Addiction*. Hawaii International Conference on Social Sciences, Honolulu, HI, June 17, 2004.

Wiechelt, S., Miller, B., Smyth, N., & Maguin, E. *Examining the Links between PTSD and Substance Use in Women*. Hawaii International Conference on Social Sciences, Honolulu, HI, June 16, 2004.

Wiechelt, S. & Smyth, N. *Integrating Research and Practice: A Collaborative Model for Addressing Trauma and Addiction*. Council on Social Work Education, Annual Program Meeting, Anaheim, CA, March 1, 2004.

Wiechelt, S. *The Specter of Shame*. Middle Eastern Mediterranean Institute on Drug Use, Florence, Italy, February 18, 2004.

Wiechelt, S., Swarthout, J., Roche, E., Syms, C., & Smyth, N. *Assessing Trauma in Addiction Treatment: A Research Practice Collaboration*. 7th Annual Statewide Conference of the Association for Substance Abuse Providers, New York, NY, January 27, 2004.

Wiechelt, S., Smyth, N., Syms, C., Roche, E., Swarthout, J., & Lutz, W. *Integrating Trauma Screening: A Research Practice Collaboration*. 15th Annual Alcohol & Drug Problems of North America Women's Issues Conference, Women, Trauma, and Addictions, Hyatt Regency Buffalo, Buffalo, New York, September 15, 2003.

Wiechelt, S. *The Wounded Spirit: Understanding the Links between Trauma, Shame, and Addiction in Women*. 15th Annual Alcohol & Drug Problems of North America Women's

Issues Conference, Women, Trauma, and Addictions, Hyatt Regency Buffalo, Buffalo, New York, September 15, 2003.

Johnson, J., Wiechelt, S., Ahmed, A., & Schwartz, R. *The Baltimore Substance Abuse Treatment Outcomes Study*. Hawaii International Conference on Social Sciences, Honolulu, HI, June 12, 2003.

Wiechelt, S., Johnson J., Ahmed A., & Schwartz, R. *Substance Abuse Treatment Outcomes in the City of Baltimore: Differences between Men and Women*. 7th Annual Conference of the Society for Social Work and Research: Building a Scientific Base for Action, Washington, D.C., January 18, 2003.

Smyth, N., Roche, E., Swarthout, J., Wiechelt, S., & Syms, C. *Implementing System Change: A Practice – Research Partnership on Trauma and Addiction*. 6th Annual Statewide Conference of the Association for Substance Abuse Providers, Syracuse, NY, October 29, 2002.

Johnson, J. & Wiechelt, S. *Evaluating Substance Use Treatment in Women: Results from a Two Year Study*. Middle Eastern Mediterranean Summer Institute on Drug Use, Pavia, Italy, May 15, 2002.

Wiechelt, S. *The Impact of Shame on Recovery for Alcoholic Women*. 5th Annual Conference of the Society for Social Work and Research, Making the Connection: Social Work Research and Practice, Atlanta, GA, January 21, 2001.

Wiechelt, S. *The Role of Shame in Women's Recovery from Alcoholism*. 12th National Symposium on Doctoral Research, The Ohio State University, College of Social Work, Columbus, OH, April 14, 2000.

Poster Presentations (Juried/Refereed)

Wiechelt, S., Miller, B., Smyth, N., & Maguin, E. *Associations between PTSD Symptoms and Substance Use in Women*. 8th Annual Conference of the Society for Social Work and Research, Using Diverse Methods to Build Knowledge, New Orleans, LA, January 17, 2004.

Conference Presentations Invited (Non-Juried/Refereed)

Wiechelt, S. Key Note Address: *Addicted Woman: "Who Am I?"*. Alcoholism & Substance Abuse Providers of New York State, Inc., Niagara Falls, NY October 2, 2007.

Wiechelt, S. Key Note Address: *Using your Head Evidence Based Practice in Mental Health*. Rehabilitation Awareness Coalition, The 6th Annual Awareness Day, Recovery: Endless Possibilities Knowledge is the Key to Power, Buffalo, NY, August 17, 2006.

Wiechelt, S. *Keeping Heart: Using Evidence Based Practices to Help People who Experienced Trauma and Have Substance Use Disorders*. Rehabilitation Awareness

Coalition, The 6th Annual Awareness Day, Recovery: Endless Possibilities Knowledge is the Key to Power, Buffalo, NY, August 17, 2006.

Wiechelt, S. *Trauma and Addiction*. Middle Eastern Mediterranean Summer Institute on Drug Use, Jerusalem, Israel, February 28, 2006.

Wiechelt, S. *The Soul of Recovery: Healing Shame in Addicted Survivors of Trauma*. West Virginia Addiction Training Institute, West Virginia University, Department of Behavioral Medicine and Psychiatry, Morgantown, WV, June 5, 2000.

Wiechelt, S. *Strategies for Healing Shame*. West Virginia Addiction Training Institute, West Virginia University, Department of Behavioral Medicine and Psychiatry, Morgantown, WV, June 5, 2000.

Selected Continuing Education Workshop Presentations (Non-Juried/Refereed)

Ting L. & Wiechelt, S. *Using Research to Enhance Your Practice and Your Work with Students*. University of Maryland, Baltimore County, Baccalaureate Social Work Program, Field Instructor Training, Catonsville, MD October 11, 2007.

Wiechelt, S. *Trauma and Addiction*. University of Maryland, School of Social Work, Continuing Professional Education, University of Maryland, Hagerstown, Hagerstown MD, October 9, 2007.

Wiechelt, S. *Trauma and Addiction*. Women Empowered Against Violence (WEAVE), Washington, D.C., August 3, 2007.

Wiechelt, S. *Cultural and Historical Trauma: Affecting lives for Generations*. University at Buffalo, School of Social Work, Professional Continuing Education and The Institute for Addictions Studies and Training, Summer Institute, Center for Tomorrow, Buffalo, NY, July 25, 26, & 27 2007.

Wiechelt, S. *Cultural and Historical Trauma: Affecting lives for Generations*. University of Maryland, School of Social Work, Continuing Professional Education, Baltimore, MD, July 10, 2007.

Wiechelt, S. *Trauma and Addiction*. University of Maryland, School of Social Work Continuing Professional Education, Baltimore, MD, May 17, 2007.

Wiechelt, S. *Cultural and Historical Trauma: Affecting lives for Generations*. University at Buffalo, School of Social Work, Professional Continuing Education and The Institute for Addictions Studies and Training, Daemen College, Buffalo, NY, April 20, 2007.

Wiechelt, S. *Trauma and Addiction*. University at Buffalo, School of Social Work, Professional Continuing Education and The Institute for Addictions Studies and Training, Daemen College, Buffalo, NY, April 19, 2007.

Wiechelt, S. *Evidence-Based Practice: A Challenge for Social Work Practice*. Field Education Workshop, George Mason University, School of Social Work, Fairfax, VA, March 30, 2007.

Service

Service to the University of Maryland, Baltimore County

- 2007 – Present Member, Gender & Women's Studies Coordinating Committee
- 2007 – Present Affiliate Faculty, Gender & Women's Studies Program

Service to the University of Maryland, Baltimore, School of Social Work

- 2007– Present Research Faculty, Ruth H. Young Center for Families and Children

Service to the University of Maryland, Baltimore County, Baccalaureate Social Work Program

- 2007 Member, Ad Hoc Child Welfare Title IV-E Faculty Committee
- 2006 Presenter, Substance Abuse Panel for the Social Work Student Association
- 2006 – Present Member, Human Behavior in the Social Environment Subcommittee

Service to the Profession

- 2007 – Present Section Editor on Gender, Journal of Substance Use and Misuse
- 2007 – Present Member, Council on Social Work Education, Task Force to Develop Core Competencies in the Prevention of Substance Use Disorders
- 2006 – Present Chair, Council on Social Work Education, Annual Program Meeting, Addiction Track
- 2006 – Present Review Board Member, Journal of Social Work Practice in the Addictions
- 2006 – Present Member, Association of Baccalaureate Program Directors
- 2005 – Present Editorial Board Member, Journal of Substance Use & Misuse
- 2002 – Present Faculty Member, Middle Eastern Mediterranean Summer Institute on Drug Use
- 2000 – Present Member, Society for Social Work Research
- 2000 – Present Member, Erie County Trauma Task Force
- 1999 – Present Member, Council on Social Work Education
- 1985 – Present Member, National Association of Social Workers

Service to the Community

- 2007 Volunteer, Movie nights at Native American Lifelines

2006	Volunteer, Fundraising dinner at Native American Lifelines
2006	Volunteer, Thanksgiving dinner at YANA Place
2006	Volunteer, Christmas party at Native American Lifelines

Professional Licenses and Certifications

LCSW-C	Licensed Certified Social Worker-Clinical, Maryland
ACSW	Academy of Certified Social Workers
QCSW	Qualified Clinical Social Worker
CCDC	Certified Chemical Dependency Counselor, Maryland